

△NewYork *BloodCenter*
DONOR NOMOGRAM (16 to 18 Years of Age)

Guide for **male donors** – ages 16 to 18 Years

Height	4' 10"	4' 11"	5' or taller
Donor must weigh at least	120 lb	115 lb	110 lb

Guide for **female donors** – ages 16 to 18 Years

Height	4' 10"	4' 11"	5'	5' 1"	5' 2"	5' 3"	5' 4"	5' 5"	5' 6" or taller
Donor must weigh at least	146 lb	141 lb	138 lb	133 lb	129 lb	124 lb	118 lb	115 lb	110 lb